

Integrated Life Service

We are dealing with a difficult economy, shrinking savings and higher health care costs. Managing both your money and your health has never been more important. I offer the high quality, personal service, and timely access you need to maintain your health and effectively cope with illness. I limit the size of my practice to focus on you first, and to be accessible at all times. I believe my annual fee is affordable and cost-effective.

I am your Medical Home. Here are the components you receive for my annual fee.

- I am your personal physician, responsible first to you and your family. You receive prompt call backs and reports, and can reach me any time of day.
- I offer a level of personal care and professional service better than any in the desert. My experience and training in both Internal Medicine and Medical Oncology are exceptional.
- We coordinate and maintain a complete medical record, including lab, procedures, other MD reports, urgent care and ER visits, screening and preventive medicine services.
- Let me know when and where you receive care. We retrieve the medical reports and include them in your file. These reports are forwarded upon request or automatically to you or anyone you approve (children often like this very much).
- I am on staff at Eisenhower Medical Center in the desert and Cedars Sinai in Los Angeles.
- I accept Medicare assignment for office and hospital visits, as well as Anthem Blue Cross, Blue Shield, Aetna, and United Healthcare.
- You will receive a one hour long annual preventive medicine office visit, with dictated report.
- Twenty minute scheduled follow-up office visits, with dictated report, are also included.
- Urgent visits will be seen at the end of the daily schedule, with dictated report.
- We offer easy e-mail from my website for non-urgent clinical care, request for refills, records, and other services. We will respond within one business day.
- Online prescription refills are made nationwide. Telephone or e-mail us at refills@tfrmd.com.
- We schedule blood draws, injections, infusions, and EKGs in my office
- More attentive medical care, including home visits and weekend hours, is available at a higher fee, for those patients who have extraordinary needs for close professional care.

Let me serve you and your family as your Life doctor. I am direct, personal, attentive and thorough. Go online at www.tfrmd.com or www.integratedlifeservice.com, or call 760-773-3200 anytime. Keep the enclosed card for an easy reminder, or pass it on to a friend looking for a physician.

Sincerely yours,

